



Collagen Induction After Care Instructions

What to be expected:

Day 1: Skin will be erythematous and flushed after treatment, depending on the intensity of the treatment. Pinpoint bleeding may occur. Do not apply makeup for at least 24 hours.

Day 2: A red or pink hue persists like moderate sunburn. Swelling and slight bruising may be more noticeable on the second day. Minor scratches may be visible. Apply moisturizer as needed.

Day 3: Skin can be pink or normal color. Swelling subsides. The skin can feel dry or feel tight. A slight outbreak of acne or milia (tiny white bumps) is possible. Light peeling usually occurs in three days and will be replaced with brand new skin (Do not peel skin).

Home care:

1. Wash with gentle cleanser using your fingers only. Gently massage the face with lukewarm water. Remove serum and other debris such as dried blood. Do not scrub, use a wash cloth or a Clarisonic brush on the face. Cleanse areas treated twice a day. Apply hyaluronic serum as much as needed to keep skin hydrated.
2. Do not use exfoliating products for at least 7-10 days. Keep skin hydrated.
3. Cold compress may be applied following treatment for comfort. If the neck and decollete are treated, the redness might last slightly longer.
4. Avoid direct sunlight, saunas, steam rooms, hot baths or showers until redness is gone.
5. Continue to avoid sun exposure to the treatment areas and apply a broad spectrum sunblock with SPF minimum of 30. Apply it at least 30 minutes before sun exposure and repeat after every two hours of sun exposure. **Do not apply SPF until 24 hours after treatment.**
6. For the first 2 days following the treatment the following should be used: gentle cleanser, hyaluronic serum, tattoo goo, SPF(after 24hours). After the 2-5 days, the following should be used: gentle cleanser, hyaluronic serum, hydrating moisturizer and SPF. After 5-10 days, you can gradually return to your normal skincare routine starting with milder actives before using stronger ones.
7. Mineral based makeup can be applied after 24 hours but any other makeup needs to wait 5 days before applying.
8. Avoid strenuous exercise for 3 to 5 days post treatment.
9. Avoid waxing, facials, Botox, injectable fillers or any other skin care treatment 10-14 days post treatment
10. New cell regeneration requires at least 6-8 oz. glasses of water a day (if you already drink that increase by 2 glasses)
11. If skin becomes painful, swollen, red or inflamed, please notify your care professional, as this may represent an infection or allergic reaction that may require treatment.