



### Waxing Aftercare

- Do not have a hot bath/shower or use a sauna, steam room or swimming pool for 24 hours.
- Do not sunbed or use a solarium for 24 hours.
- Avoid heavy exercise for at least 24 hours after waxing.
- Avoid wearing tight fitting clothing over the area for 24 hours; tight clothing may result in irritation and ingrown hairs.
- Avoid applying deodorant for 24 hours after waxing.
- Avoid applying make-up directly after waxing.
- Use waxing aftercare product to prevent ingrown hairs.
- Avoid shaving between waxing to distort the hair growth cycle.
- Schedule waxing appointments between 4-6 weeks.

Thank you for choosing Invigorate Spa!